COLLEGE OF HEALTH AND NATURAL SCIENCE

Nutrition

Professor: Nancy Fey-Yensan

A minor is offered in Nutrition.

The Nutrition Minor gives students a broad perspective of different areas of nutrition. Through coursework, students will learn the basics on nutritional biochemistry, study nutritional issues through the lifespan, examine the relationship between nutrition and chronic disease, and assess the psychosocial, and environmental and political factors that affect our nutritional choices and overall health.

Minor Requirements

The minor in Nutrition requires successful completion of the following courses: BI235 Human Health and Nutrition
BI302 Food production
BI337 Advanced Nutrition
PUBH101 Introduction to Public Health

In addition, choose two of the following (6-8 credits):

BI310 Research Methods
BI325 Microbiology
CH321 Biochemistry
HCA315 Epidemiology
PUBH313 Psychological, Behavioral, and Social Issues in Public Health